

# HOGAN CHIROPRACTIC SERVICES

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NAME \_\_\_\_\_ DATE \_\_\_\_\_

## Ion Cleanse Checklist

### INTRODUCTION

The IonCleanse is intended to support herbal, homeopathic, and vitamin detoxification protocols and procedures. Used properly, the *IonCleanse* provides a comfortable and relaxing way to rid the body of toxins without precipitating healing crises and Herkheimer's reactions

**CONTRAINDICATIONS** : Any person falling into one or more of the categories listed below should not use the *IonCleanse*: Please check the appropriate box for each question.

Yes No

- |                          |                          |  |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Do you wear a pacemaker or any other battery operated or electrical implant?</b>  |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you on heartbeat regulating medication?</b>   |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you an organ transplant recipient?</b>  |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you taking any medication, the absence of which would mentally or physically incapacitate you, such as psychotic episodes, seizures, etc.</b> |

The following recommendations should be strongly considered and discussed with the doctor:

Yes No

- |                          |                          |   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you taking medications that require that a blood level be maintained in order to be effective</b> (for example, blood pressure medication)?. Try to schedule your <i>IonCleanse</i> session just <u>before</u> the taking of a medication so that proper blood levels of medication can be maintained.   |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Do you tend to have problems with low blood sugar?</b> If so, you should eat before receiving a session. The <i>IonCleanse</i> tends to lower blood sugar in diabetics and may do so with those who are hypoglycemic.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you pregnant or breast-feeding?</b> Pregnant women and breast-feeding mothers are not routinely bathed in the <i>IonCleanse</i> because toxins will be mobilized from tissues and fats that <b>could</b> impair fetal development and <b>may</b> become part of the milk that is fed to a newborn infant. ( <b>Note:</b> Pregnant and lactating women have used the <i>IonCleanse</i> without harm, but in general we recommend being on the safe side...) |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Do you have metal joint implants?</b> Most people with metal joint implants have had no trouble taking sessions with the <i>IonCleanse</i> . Some people have found the exposure to an electromagnetic field to be uncomfortable. In the event of discomfort, the session can be stopped immediately by removing feet from the water.  |
| <input type="checkbox"/> | <input type="checkbox"/> | <b>Are you taking insulin for diabetes or on kidney dialysis?</b> In general, the <i>IonCleanse</i> can be used safely with dialysis patients, insulin-dependent diabetics, and in patients with congestive heart failure. Gentle detoxification will help the body to eliminate the toxins that the kidney and heart cannot eliminate on their own and will not interfere with medications or deplete insulin levels.  |

If you have special needs or concerns, we can contact the developer of this instrument to answer any questions not addressed here.

NAME \_\_\_\_\_

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